

# Brooke Upper Extremity Rating Scale

Grade	Description
1	Starting with arms at the sides, the patient can abduct the arms in a full circle until they touch above the head. *
2	Can raise arms above head only by flexing the elbow (shortening the circumference of the movement) or using accessory muscles. *
3	Cannot raise hands above head, but can raise an 8-oz glass of water to the mouth.
4	Can raise hands to the mouth, but cannot raise an 8-oz glass of water to the mouth.
5	Cannot raise hands to the mouth, but can use hands to hold a pen or pick up pennies from the table.
6	Cannot raise hands to the mouth and has no useful function of hands.

\* If level 1 and 2 are successfully realized, specify the amount of weight that the patient can carry with one hand and drop off on a shelf at high level.

Patient last name: .....

Date of birth: .... / .... / .....

Patient first name: .....

Date: .... / .... / .....